



Newsletter vol. 25, issue 4 (May 2020)

<p><b>Membership</b></p> <p>As of 05/29/2020, we have <b>362 members</b>.</p> <p><b>6 new members:</b></p> <p>Bryan Jennings Sr Cody Pestka Joshua Urlaub Justin Schreiber Samantha Kewin Brian Zoeller (Transfer)</p>	<p><b>In this issue:</b></p> <p>Chapter President’s Message.....pg. 2 ASSP Foundation.....pg. 3 Social Media.....pg. 4 Officer Election .....pg. 5 Safety 2020 .....pg. 6 ASSP Communities. ....pg. 7 COVID-19 and Mental Health.....pg.8-9 WISE.....pg.11 Past Meetings.....pg. 12 Meetings.....pg.13</p> <p><b>Announcements:</b></p> <p>While ASSP works hard to help us develop the knowledge and skills we need to achieve our career goals, we can’t do it without you. If you are interested in helping in the Chapter, please talk to one of the officers after any meeting.</p>	<p><b>ASP/CSP Development</b></p> <p>If you wish to borrow our chapter’s study guides for either the ASP or CSP exam preparation, please contact Tony Prospero, CSP at: <a href="mailto:tony.prospero@marshmma.com">tony.prospero@marshmma.com</a> or 262-797-6284. For more information on the exams and the certification process, please contact BSCP’s web site at <a href="http://www.bcsp.org">www.bcsp.org</a>. Also, please look at the ASSP Foundation site. They have funds that you may qualify for to help defer the costs of the exams and prep course. Please refer to page 3 for more information.</p>
	<p><b>Webinar – TBD</b></p> <p>Keep an eye out for webinars that will posted on our social media outlets and our homepage.</p> <p><b>Location:</b> Webinar</p> <p>You can register at: <a href="https://wisconsin.assp.org/">https://wisconsin.assp.org/</a></p>	



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**2019-2019 WI Chapter Officers:**



**President Elect:  
Craig Everson**



**Vice President:  
Jake Boulware**



**Treasurer:  
Joel Dickinson**



**Secretary:  
Elizabeth Polheber**

**Chapter President's Message:**

What a whirlwind of events that we have all experience this year. I hope this newsletter finds you safe and healthy. We were able to get off one tour in March at Stevens Construction Site where Cullen Schmeling & Ryan Ogrizovich gave us some insight into the unique challenges that go along with construction in an urban environment. Keep an eye out for our webinars that we are providing links to through our social media or homepage. In these stressful times remember to reach out for help. We are a community of peers that can be relied on to help each other out and get through this crisis. Stress can affect us in different ways; I recommend that you read how this pandemic is affecting mental health written by Bruce Morton. I would like congratulate Matt Schmidt on his election as Chapter Secretary. Be Safe and Stay Healthy.

**WI Chapter President for 2019-2020:**



**Elier Aguilera**  
Safety Manager  
920-269-5239 Main  
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[eaquilera@quad.com](mailto:eaquilera@quad.com)  
[www.QUAD.com](http://www.QUAD.com)



The five Past-Presidents still actively serving on the board (left to right):  
Todd Loushine, Rebecca Severson, Corey Vickers, Bruce Morton and Jared Owen





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Since 1990, the ASSP Foundation has awarded more than \$3 million in scholarships and professional education grants to students beginning their studies in occupational safety and professionals seeking to continue their education. We offer nearly 150 awards each year ranging from \$500 to \$15,000 each. More than 1,300 safety students and professionals have advanced their careers, thanks to the generosity of the safety community.

**Applications for the 2020-2021 academic year will be accepted starting September 15, 2020**

### THE FUTURE OF THE PROFESSION

The ASSP Foundation utilizes donor-funded resources to support the future of the OSH profession through three pillars, gleaned from the ASSPF mission statement: **Education | Leadership Development | Research**

**Thank you to everyone who supports the future of the profession!**

#### SINCE 1990

**\$3.1M+** Scholarships  
**\$245+** Professional Development Grants  
**\$500K+** Research Grants  
**\$45K+** ABET Accreditation  
**1,500+** Lives Affected

#### IN 2019

**\$388K+** Scholarships  
**\$25K+** Professional Development Grants  
**\$300K** Research Study underwritten by ASSP Foundation completed  
**150+** Super Safety Students supported through ASSP Future Safety Leaders Conference

Find out more about the impact of your Foundation and how to get involved at [www.ASSP.org/Foundation](http://www.ASSP.org/Foundation)



**ASSP Foundation**



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## Like us on Facebook and Follow us on Twitter!!

The ASSP Wisconsin Chapter would like to introduce our new Facebook page and Twitter Feed. Search Facebook for ASSP WI and follow us on Twitter @ASSPofWisconsin to connect for more news and to keep up with our upcoming events on the go!

### Social Media





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## Wisconsin Chapter 2020-2021 Officer Results



### Chapter Office Candidacy

Congratulations to Matt Schmidt for winning the Election for Chapter Secretary! Matt Schmidt is the current safety leader for Quad and has been with the company since 2016. His work with Quad has taken him all the Midwest assisting on internal safety audits and investigations in order to help better the health and safety of everyone working at Quad. Matt first joined ASSP as a student member in 2013 while attending the University of Wisconsin Whitewater

Matt on why he wanted to run for office:

“I would use the platform to try and attract other young professionals like myself to join the organization and discover the great value it can bring to a career in the safety field. I would also take the opportunity as secretary to continue to expand my own knowledge and network within the organization. Safety can be a profession with very unique challenges. ASSP offers a great community of people dealing with those same issues that is there to help and support each other. I want to get the word out about all the great things this chapter is doing for its members”.

Considered putting your name for nomination for the Chapter Officer Board. Don't let a new opportunity escape if it seems daunting. The Wisconsin Chapter has a strong network of Past Presidents who are very involved and like mentoring new leaders. This is an opportunity for you to become a future leader of ASSP and the safety profession. If you have an interest please feel free to reach out to :

[president@wisconsin.assp.org](mailto:president@wisconsin.assp.org)



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# SAFETY ≡ 2020

Safety 2020





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## Online ASSP Community

Our exclusive online member community connects you with great resources and great people to help you grow professionally and engage with colleagues on a global scale.

[How to Log In to the ASSP Community](#)  
[How to Personalize Your Notifications](#)



ASSP Community

### Benefits of the ASSP Community

Connect and network with a vibrant community of 38,000 OSH professionals

Gain exclusive access to member-only conversations sharing expert knowledge and best practices that can help you solve a workplace challenge

Establish yourself as a thought-leader within the OSH profession by sharing content and participating in group discussions

Become more involved in ASSP and connect with volunteer opportunities to grow your leadership skills

### Log In to the ASSP Community

ASSP members: [Log in](#) using your ASSP username and password

Not yet a member: [Create an account](#), then log in to ASSP Community using your new credentials.



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## COVID-19: One more reason to take mental health seriously

Even in the best of times, mental health is a big concern in the construction industry. Many studies suggest that people who work in construction are highly prone to mental-health troubles. In fact, the Centers for Disease Control reports that this industry has one of the highest rates of suicide of any occupation. With the arrival of the COVID-19 pandemic, construction workers are now faced with added pressures: the risk of themselves or loved ones becoming infected by COVID-19, real or potential job losses, school closings and other hardships. The question is: How will they handle this extra pressure? Will it directly affect their relationships with their fellow workers, family and friends? As contractors, can we help those who may be affected?

Many of us who work in this industry have direct experience of how important it is to support and understand mental health. Fortunately, the industry has recognized this problem and is working on solutions. So, what can contractors do to manage the pressures stemming from the coronavirus outbreak?

### **Support your employees' general health**

Having a safe workplace helps reduce the likelihood of injuries, which are known to add to mental-health troubles. In a study by the Institute for Work and Health, this correlation was directly measured. Within a 12-month period following an on-the-job work injury, seven out of 10 injured workers reported frequent bouts of depression. Many construction workers suffer from compounding ailments resulting from injuries experienced on the job, including ongoing pain, the psychosocial consequences of being unable to work and the abuse of pain-management medications. A safe workplace also means fully carrying out COVID-19 safety practices that are meant to keep employees not only healthy but also mentally at ease. These measures include improved sanitation, social distancing, leave for employees who may have COVID-19 and — when necessary — the reduction or suspension of construction activity.

### **Talk to employees about mental health and encourage them to talk about it too**

My son has severe mental-health troubles. For the longest time, my wife and I did not talk to others about it and it took a physical and emotion toll on our family. We found that once we talked to other parents and people who were in a similar situation, we were helped tremendously. I recently talked to a colleague about my son, and he pulled me aside to tell me about his son. I was able to provide him with some information that, I hope, will help his family in the long run. Such talks are rare in the workplace.





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The National Alliance on Mental Illness states that although one in five Americans live with mental illness, only 43 percent of them seek support.

This means very few of our employees who need mental-health support are getting it through the workplace. Unfortunately, a typical construction site is not a place where people talk about their feelings or personal struggles. Regular communication from management about mental health should be part of standard safety messages. It's also important to offer a setting in which employees feel comfortable discussing how they are doing. Employers can do simple things like promote #IWILLLISTEN; this campaign, started in 2013, is designed to help break the stigma of mental-health issues as well as allow employees to find trustworthy advocates for support.

#### **Take effective actions**

It's essential to give all managers the training they need to identify mental-health troubles and play a constructive role. Resources like the ICU Program, a workplace guide designed to foster circumstances that support emotional health, provide guidelines for establishing stigma-free worksites. Similarly, training in Mental Health First Aid can improve managers' understanding of mental health and helps employees make use of appropriate resources.

Carrying out programs like this will help people in construction or other industries learn how to prevent problems from escalating while providing a supportive workplace. Additionally, it's important not only to identify people who are at risk but also to assess employees' mental-health benefits to make sure they are relevant and accessible. The stigma around mental illness is real, and we need to make an effort to lessen it. Earlier I stated it was difficult to talk to others about my son's mental-health struggles. By talking about them, we were able to learn of many great people who later helped us as a family at home, school and work. I encourage people to talk to each other, their employees and their medical-health providers. A safe workplace, good communication, effective training and supportive benefits are recognized in the industry as best practices for promoting a healthier and more productive workforce. We are not going to solve this problem overnight, but we can take steps now that will make a real difference.

*Bruce Morton, CHST is a Senior Loss Control Consultant with the Milwaukee office of Marsh & McLennan Agency. He can be reached at [bruce.morton@marshmma.com](mailto:bruce.morton@marshmma.com).*



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# How Your Safety Management System **Can Help in a Pandemic**

You can benefit from the many lessons of an occupational safety and health management system, even if you don't have one in place during a pandemic. Here's one valuable tool that can help you better protect workers in any conditions.

## PDCA



### Plan, Do, Check, Act

The plan, do, check, act process – which is rooted in the scientific method – is the foundation for all safety management systems, including ANSI/ASSP Z10 and ISO 45001. **How does it apply to COVID-19?**

### Learn More

For more information about applying the PDCA process during the COVID-19 pandemic, watch our free webinar with expert **Vic Toy**, M.P.H., CSP, CIH, FAIHA.

[assp.us/PDCA-COVID19](https://assp.us/PDCA-COVID19)



## PLAN



**How do you plan** for managing risks, such as infections?



## DO



**What can you do** to control workers' exposure to the virus?



## CHECK



**Check for developments and cases** of COVID-19 on your job site.



## ACT



**Address exposures** to COVID-19 and other workplace hazards.



AMERICAN SOCIETY OF  
SAFETY PROFESSIONALS



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WISE



# WISE

Women in Safety Excellence

For our April meeting we were originally planning on hosting a food drive benefitting “Feeding America Eastern Wisconsin”, but because we can’t actually do it in person, the WISE group would like to change our food drive collection to a virtual “Feeding America Eastern Wisconsin COVID Campaign”. Now, more than ever, there are many more people in the local area that rely on the support local food banks. We think this is a great way to help out our neighbors even in a virtual setting! Any size donation is appreciated and it is really easy to donate to the South Eastern Wisconsin food bank at <https://feedingamericawi.org/donate-online/>.

We encourage ASSP members to make a donation on behalf of the “ASSP Wisconsin Chapter”.





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## Stevens Construction Tour March 12th, 2020 Speakers: Cullen Schmeling & Ryan Ogrizovich

Past Meetings





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AMERICAN SOCIETY OF  
**SAFETY PROFESSIONALS**  
Wisconsin Chapter

**Presents: The 24<sup>th</sup> Annual Golf Outing for  
Safety Professionals**



**August 25, 2020**

**11:30 AM**

You are invited to attend our **24<sup>th</sup>** annual golf outing held at  
Hawk's View Golf Club in Lake Geneva, WI.  
ASSP Members and Non-members are always welcome to attend!  
Foursome registration is encouraged but individual players are  
always welcome – we'll pair you up!

**Entry includes:**

18 Holes of Golf w/Cart, Range Balls, Box Lunch, Hole Contests,  
Happy Hour with Appetizers, Buffet Dinner, Door Prizes, Awards,  
Attendance Gift and Networking Opportunities!

**Register Now: [Click Here](#)**

**4-PERSON 18-HOLE  
SCRAMBLE w/CART**

**RANGE BALLS**

**11:30 AM SHOTGUN  
START INCLUDING A BOX  
LUNCH!**

**INSURED HOLES &  
HOLE CONTESTS**

**RAFFLES &  
CHARITY GAMES**

**HAPPY HOUR 4:30 &  
BUFFET DINNER 5:30**

**ATTENDANCE GIFT &  
DOOR PRIZES**

**REGISTRATION FEE:  
\$100 BEFORE May 15  
\$120 AFTER May 15**

**HAWK'S VIEW GOLF CLUB**

7377 Krueger Road  
Lake Geneva, WI  
53147

**Questions? Contact:**

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